

# Year 7 Learning Journey

## MENTAL HEALTH & WELLBEING



Mental health wheel.

Bullying policy

How can I keep healthy?

End

What countries make up Britain and the British flag

Sustainable Resources

Respecting differences

Emergency

Cleaning up our air

Animal Care

## EXPLORING WORLD ISSUES



Firework safety

How to keep safe online?

Child Sexual Exploitation

Dental hygiene

Sun safety

Personal hygiene

## STAYING SAFE ONLINE & OFFLIN



Friends – What makes a good friend?

Emotional literacy

How to recognise emotions and feelings

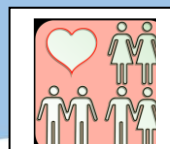
Belonging to a group

Restorative justice

Green eyed monster

Puberty, growing up, body changes, hygiene

## FRIENDSHIPS RESPECT & RELATIONSHIPS



Start

Citizenship and PSHE is not an assessed subject in the way that many other subjects are, however pupil progress in their understanding is still of paramount importance. Pupil progress is measured through regular review of content covered and by pupils completing recall tasks at the end of each lesson and module. What is equally important as pupil progress in their understanding of the content covered is that students in Citizenship and PSHE develop a range of life-long skills such as resilience, confidence and independence and how to keep physically and mentally healthy. The skills that students develop in Citizenship and PSHE will enable them to continue in the next stages of their lives to further education, apprenticeships, and the world of work.

