

# PSHE Learning Journey Year 11

KS4

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- What are energy drinks and the effects?
- Effects of excess alcohol.
- Understanding suicide

- Blood donation
- Stem cell
- Vaccinations
- What is self harm and why do people do it?

MENTAL HEALTH & WELLBEING



KS4

EXPLORING WORLD ISSUES



- Understanding financial products
- Acid attacks
- How do charities help across the world
- Profit and charity
- Why is community cohesion important?

- What is fake news?
- What is overt and covert racism ?
- Why does radicalisation happen?
- Digital footprint
- Charities and the decisions they make.

KS4

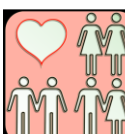
- What is sexting and the risks?
- Taking risks and the consequences.
- Dangers online
- Gambling and online gambling
- The Dark Web

- What is cyber crime?
- Harassment and stalking
- Child sexual exploitation
- Groomed through gaming

STAYING SAFE ONLINE & OFFLINE



FRIENDSHIPS RESPECT & RELATIONSHIPS



KS4

- Types of relationships.
- Sexuality
- Gender and trans identity
- Forced and arranged marriages.
- FGM

- Abusive relationships
- Different types of parenting
- Consent and rape
- STI and contraception
- Porn and revenge porn
- Safe and good sex

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