



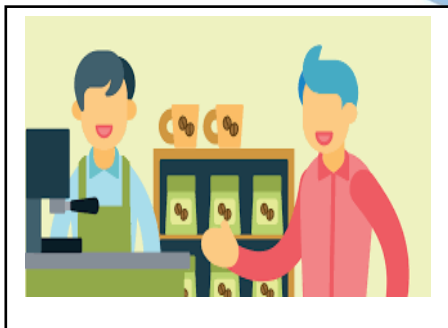
To develop awareness and independence regarding personal care

- Fastening clothes
 - Oral health
 - Handwashing
 - Bathing routine
 - Teenagers and body changes
 - Skin Care
- Personal hygiene



To develop awareness of home hygiene and confidence in completing chores

- Dusting and polishing
- Dishwashing
- Making a bed
- Laundry
- Cleaning chemicals
- Vacuuming
- Ironing



To develop awareness of safety and ability to produce food for personal consumption

- Simple snacks
- Making hot drinks
- Healthy food options
- Using electrical appliances
- Using kitchen utensils



**Independent Living Skills Key Stage 3
Rolling Programme Year 2**

