

# POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

Are you ever worried about your child's behaviour and aren't sure how best to help?

Do you want to better understand their needs and support them through those tricky times?

These **free** workshops help parents think about strategies and to come up with a plan that focuses on a good life for your child and your family.

If someone in your family is **under 18**, and is **autistic**, has a **learning disability** or is **waiting for a diagnosis** of autism or a learning disability, please come along.

Booking is essential, and lunch is provided. Please get in touch with **Skills for People** and ask for the **PBS team**.

Tel: 0191 281 8737 or e-mail: [information@skillsforpeople.org.uk](mailto:information@skillsforpeople.org.uk)



# AUTUMN TERM 2025 DATES

## SUNDERLAND

Monday 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup>  
September  
**10am - 2pm**  
Grace House, Bardolph  
Drive, Sunderland, SR5  
2DE

## NORTH CUMBRIA

Tuesday 16<sup>th</sup>, 23<sup>rd</sup> and  
30<sup>th</sup> of September  
**10am - 2pm**  
Tullie House, Castle  
Street, Carlisle, CA3 8TP

## NORTH TYNESIDE

Monday 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup>  
of October  
**10am - 2pm**  
Riverside Family Hub,  
Minton Lane, North  
Shields, NE29 6DQ

## SOUTH TYNESIDE

Tuesday 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> of  
October  
**10am - 2pm**  
Bede Family Hub, Inverness  
Road, Jarrow, NE32 4AQ

## HOW TO BOOK

E-mail [information@  
skillsforpeople.org.uk](mailto:information@skillsforpeople.org.uk)  
or give us a call at **0191  
281 8737** and ask for the  
**PBS team.**

## ONLINE - DAYTIME

Monday 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup>  
November  
**10am - 12.30pm**  
Online via Zoom.

## NORTHUMBERLAND

Tuesday 4<sup>th</sup>, 11<sup>th</sup> and 18<sup>th</sup> of  
November  
**10am - 2pm**  
Berwick Family Hub,  
Ladywell Place, Berwick  
upon Tweed, TD15 2AE

## GATESHEAD

Thursday 20<sup>th</sup> and 27<sup>th</sup> of  
November, and Monday 1<sup>st</sup> of  
December  
**10am - 2pm**  
Deckham Family Hub, Elgin  
Centre, Elgin Road,  
Gateshead NE9 5PA

## NEWCASTLE

Tuesday 25<sup>th</sup> of November,  
2<sup>nd</sup> and 9<sup>th</sup> of December  
**10am - 2pm**  
Skills for People, 4  
Glendale Terrace, Byker,  
Newcastle NE6 1PB

**Booking is essential. Please note you need to attend all 3  
days to complete the course.**