

PSHE and RSHE Curriculum Grid Careers Link

	<u>Autumn 1</u> This term learning will be ..	<u>Autumn 2</u> This term learning will be ..	<u>Spring 1</u> This term learning will be ..	<u>Spring 2</u> This term learning will be ..	<u>Summer 1</u> This term learning will be ..	<u>Summer 2</u> This term learning will be ..
Year 10	<p>Why do teenage parents have it so tough? How can we avoid teenage pregnancy? we will talk about the challenges teenage parents face and where to find support</p> <p>What is vaping and is this as bad as smoking? Recall the different health problems caused by smoking tobacco and vapes</p> <p>Why do people take illegal drugs and what does the law say about drug use? we will talk about current UK law involving drugs and recall short and long term risks of illegal drug use.</p> <p>What rights do we have as shoppers and consumers? we will talk about rights when we buy something.</p> <p>Discuss types of shops, the things they sell and the jobs that you could do in them.</p> <p>How can I stay financially savvy and avoid debt? talk about ways to avoid debt and have an understanding about personal finance.</p> <p>Internet safety – online grooming and why we must be careful we will show how to manage unwanted attention,</p>	<p>Why do people become selfie obsessed and the consequences this can have? we will talk about potential problems with sharing images of ourselves on the internet to have an understanding of possible long and short term consequences of sharing images.</p> <p>How does the law deal with young offenders? we will talk about understanding of laws and consequences of breaking the laws.</p> <p>Sterotyping, discrimination and prejudice- teens and media focus recall how young people have been portrayed in the media, including when portrayal has been positive.</p> <p>Human Trafficking. How can extreme views lead to human rights abuses and atrocities? discuss modern slavery and human trafficking and how victims are trafficked, working conditions and the risk of abuse</p>	<p>How to keep safe and positive relationships online we will discuss how to keep safe and positive relationships online and discuss various incidents that have occurred.</p> <p>Should we send aid to foreign countries – is aid the answer? we will talk about reasons why aid may be needed in foreign countries.</p> <p>Love and relationships – falling in love and feeling new feelings -Using Teen first dates to discuss types of relationship.</p> <p>Who are LGBT + community and what would they like us to know?</p> <p>What is my personal identity and why is diversity important?? Recall that prejudice and discrimination in any form are unacceptable</p> <p>What is peer pressure – why is it so powerful and how can we overcome this?Recap strategies for dealing with peer pressure.</p>	<p>What is cancer and what you need to have awareness of? Discussion about how and why to carry out self-examination.</p> <p>Can tattoos and piercings be dangerous? we will discuss that people can have a choice to get a tattoo or piercing and that there is an age limit.</p> <p>Discuss the skills needed to be a tattooist and health and safety in the studios.</p> <p>Careers and finance - What is National insurance and income tax. Reading payslips. we will recall what is meant by earning, spending, and saving money.</p> <p>Why do some religious people become terrorists?</p> <p>How can we prevent radicalisation and recognise the signs of extremism? Where does extremism come from?</p>	<p>What is binge drinking, what are the risks and why do people still do it? We will talk about the consequences of experimental, occasional and long term addiction with alcohol.</p> <p>What are different types of families – same sex, single, carer etc. We will identify adults who are in a long term relationship (e.g. married, in a civil partnership, living together, engaged).</p> <p>What is marriage?- different types of e.g unregistered. Discuss examples of different types and features of committed, long-term relationships.</p> <p>Roles and responsibility of people bringing up children. We will identify some of the responsibilities of being a parent.</p> <p>Relationship breakups - how to deal with them?Discuss different ways relationships might</p>	<p>How can we take steps to live more sustainably? – carbon footprint. We will talk about how changes you make now will affect the future.</p> <p>What are crimes, gangs and County lines? To continue to develop an awareness of exploitation and discuss the skills and strategies to respond appropriately or access support.</p> <p>How is body image portrayed in media for boys?</p> <p>How is body image portrayed in media for girls?</p> <p>Body image and the media – does the media contribute to eating disorders? We will understand self-esteem can change with personal circumstances, begin to differentiate between helpful feedback and unhelpful criticism. To recognise and manage feelings about and influences in their body images – including media portrayal</p>

	<p>the personal risks sharing images and managing the risks.</p> <p>Domestic conflict – why do people run away from home and why is this dangerous? we will talk about places we can get help with domestic conflict.</p>	<p>Bullying – types of and school policies. we will talk about all forms of bullying and strategies to manage.</p>		<p>How do religious extremists attract converts?</p> <p>Discussions will include different cultures and faith groups have the right to practise their customs and beliefs within British law and recognise our cultural identity in the things we share with other people.</p>	<p>be ended (e.g. divorce, separation, or bereavement).</p>	
<p>Year 11</p>	<p>What is the big deal about energy drinks? We will recognise the health impacts of energy drinks.</p> <p>What are different types of financial transactions? What are different types of financial products? We will explain the role of money, that it can be earned, saved and spent, and how to make decisions about different uses of money</p> <p>What are different types of relationships and sexuality, This will include discussions about loving and intimate relationships, and explain that people can experience emotional, romantic and sexual attraction with people of different or the same sex.</p> <p>What is a same sex relationship? Discussions include recognising a range of terms relating to identity and how to use them without being offensive.</p> <p>What are gender and trans identity? We will begin to have</p>	<p>What are the short and long term affects of excess drinking alcohol? Recall and expand negative effects of excessive alcohol drinking and how excessive alcohol drinking can damage the body.</p> <p>Acid attacks – why are these on the increase and what can we do if we witness one? We will talk about how to treat an acid attack victim. and know why these attacks are on the increase.</p> <p>How to charities like UNICEF help across the world? Profit and charity. Why are charities important? Discussion includes why and what would happen if they did not receive aid.</p> <p>What are forced and arranged marriages and what we need to know? We will talk about both arranged and forced marriages and begin to describe the differences.</p>	<p>Digital Footprint - why must you know what it is? Recall that digital footprint is the way someone exists on the internet and that information is held about everyone on the internet.</p> <p>Internet safety – The Dark Web what is it? Discussion includes strategies for communicating that we need help in different situations.</p> <p>What is fake news and why do we need critical thinking skills? We will recognise that not everything we see online is ‘real’ or ‘true’.</p> <p>What is sexting and why is it so risky? Discussion will include knowing that sharing and/or viewing sexual images of anyone under 18 (including those created by anyone under 18) is against the law.</p> <p>What risks could you take and the consequences? We will understand how risks</p>	<p>What are responsible health choices – Discussions about blood donation, stem cells, vaccinations.</p> <p>What is overt and covert racism and why are people still prejudiced? Recall the different kinds of rights and responsibilities we have in and outside school.</p> <p>What is cyber crime? Talk about what it is and how to protect yourself when online.</p> <p>Harassment and stalking We will talk about what they are and what the law says.</p> <p>What are different types of parenting? Knowing the different types and styles and how to look after a child.</p>	<p>What is self harm and why do people do this? Why do some people commit suicide? We will recall the signs of mental wellbeing concerns. The cause and triggers for unhealthy coping strategies</p> <p>Extremism – why does radicalisation happen and how does it challenge your values? Continue to understand what extremism is and the reasons why someone might become an extremist.</p> <p>Gambling and online Gaming We will talk about gambling including online and its consequences and why might people choose to gamble</p> <p>What is consent and why is it important we know about it? Rape V Consent</p>	<p>Charities and the decisions they make We will be aware of the help needed by disadvantaged people.</p> <p>What is community cohesion and why is this important? We will talk about ways in which community cohesion can improve society</p> <p>Globalisation – how does this affect us? What is multiculturalism? What is right-wing extremism? Islamophobia – do Muslims really want Sharia Law in Britain? How can we celebrate diversity and our identities? Discussions will include different cultures and faith groups have the right to practise their customs and beliefs within British law and recognise our cultural identity in the things we share with other people.</p> <p>Revenge porn – We will know what is it and how we</p>

	<p>an understanding of transgender.</p>	<p>FGM – What is this and why is it so dangerous? Basic discussion to understand what FGM is that it is harmful and illegal.</p> <p>What are domestic violence and abusive relationships? We will talk about and discuss different types of abuse. Know that abuse is wrong and know how to seek help.</p> <p>What are healthy and unhealthy relationships.- role models We will talk about healthy/positive and unhealthy/negative relationships and know that not all relationships are the same.</p>	<p>can be taken and impact upon a person</p> <p>Online dangers - What you need to know to protect yourself? We will recall online grooming and how can you recognise the signs.</p>	<p>CSE – How you can be lured? Groomed through gaming. What are the signs? Continue to recall when we are being manipulated by online content or contact, and ways to respond.</p>	<p>What is ‘Good Sex’ How do we have safe sex and use different forms of contraception?</p> <p>How do we keep good sexual health and avoid STI’s</p> <p>Discussions will include what sex means, what happens during sexual activity and that consequences of sex might include pregnancy and sexually transmitted infections (STIs). Recognise that contraception, including condoms, can help prevent pregnancy and some STIs.</p> <p>What is porn? We will talk about the legal age to watch porn, its effects on society, relationships and the brain</p>	<p>can prevent ourselves becoming victims?</p> <p>Why is it essential we know about consent, rape and sexual abuse. Explain that consent must be sought and freely given before any sexual activity and how to tell if someone is giving or not giving their consent.</p> <p>What mean when we talk about safe sex? We will have an understanding about what having safe sex really means, the different types of unsafe sexual practices and the legalities attached to these activities</p>
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Health and wellbeing
 Living in the wider world
 Relationships (RSHE)